



You Can Make This Work!

BRING YOUR DREAM TO LIFE - DESCRIBE IT.

WHAT DOES HAVING A LIFE WITH THIS DREAM IN IT LOOK LIKE FOR YOU? HOW DOES IT MAKE YOU FEEL?

WHY IS MAKING THIS DREAM A REALITY SO IMPORTANT TO YOU?



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WHO ELSE IN YOUR LIFE WILL BENEFIT FROM YOU TAKING ACTION ON YOUR DREAM?

WHAT STOPS YOU FROM TAKING ACTION ON YOUR DREAM?

WHAT WOULD YOU DO DIFFERENTLY IF YOU KNEW THESE THINGS THAT ARE STOPPING YOU WEREN'T TRUE?



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BRAINSTORM 10 TINY STEPS YOU CAN TAKE TOWARDS YOUR DREAM.

CIRCLE THE 3 IDEAS THAT FEEL THE MOST DO-ABLE TO YOU.

CHOOSE ONE OF THESE ACTIONS AND PUT IT IN YOUR DIARY.
COMMIT TO TAKING ACTION ON IT.
